

# JANUARY 2024

## HOUSTON ZEN CENTER PRACTICE SCHEDULE



### January 20: One Day Saturday Sesshin

Led by Rev. Gyōzan Royce Johnson  
Saturday, January 20, 2024

6:00am-3:00pm HZC Urban Zendo

Zen Priest Royce Johnson leads a day of intensive practice. Practicing together in a day of sesshin allows us to continue to develop and deepen practice. The day will be focused on zazen and the practice of presence. Zazen can ground and support us, everyone around us, and the whole

world, allowing us to open to the teachings of wisdom and compassion. The day includes zazen (sitting meditation), kinhin (walking meditation), a dharma talk with discussion, and formal oryoki meal practice. Beginners are encouraged to contact the co-Tantos before signing up. If you have any questions, please contact the co-Tantos, Vicki Glenn or Gayle Klaybor. Cost: \$80; \$40 for HZC members



### Ring In The New Year

Sunday, December 31, 2023 8:00-10:00pm  
Houston Zen Center/Heights

Gather together for meditation and 108 soundings of the bell. Bid farewell to 2023 and to any hindrances you may want to release. Bid welcome to the New Year with a toast in the company of friends. You may come at any time and stay as long as you like. If you wish to, you may bring something to place on the altar during the evening, then take it home with you to keep during the coming year.



### Zen Meditation on The Flower Adornment Scripture

A 5-Day Retreat With Tenshin  
Reb Anderson, Roshi  
February 20-25, 2024

Auspicious Cloud Retreat Center  
Chappell Hill, Texas

In this retreat, We will use our upright sitting to unlock the meaning of the Flower Adornment Sutra. And we will use the sutra to open the meaning of our upright sitting.

This is Zen practice. Join the retreat to hear the teachings of this distinguished teacher.

Led by Tenshin Reb Anderson Roshi,  
Senior Dharma Teacher of San Francisco Zen Center and Founder of Houston Zen Center

Cost: from \$400

### Sunday Sangha

8:20 am	Morning Service - Chanting
8:40 am	Break
8:50 am	Meditation
9:20 am	Soji - Work Practice
9:45 am	Dharma Talk

### January Dharma Talks

OPEN TO EVERYONE



12/31 REV. ZENSHIN GREG FAIN, ROSHI

Sunday, December 31, 2023 at 9:45 am  
Former Tanto/Head of Practice of Tassajara Zen Mountain Center, and Treasurer of the monastery.



01/07 ABBOT GAELYN GODWIN

Sunday, January 7 at 9:45 am  
Abiding Teacher of HZC



01/14 LEO KAGEN GOLUB

Sunday, January 14 at 9:45 am  
Senior member of HZC and  
Chair of the Finance Committee



01/21 SALLY MEIYA MUÑOZ

Sunday, January 21 at 9:45 am  
Senior member of HZC and Co-leader of the Entering the Path of Practice program



01/28 REV. SENGETSU TRICIA MCFARLIN

Sunday, January 28 at 9:45 am  
Zen priest and past President of HZC



02/25 TENSIN REB ANDERSON, ROSHI

Sunday, February 25 at 9:45 am  
Concluding talk of the 5 day retreat at Auspicious Cloud Retreat Center. It will be viewed on video at Houston Zen Center, and on Zoom.

### Groups



#### THE LIVING LOTUS RECOVERY GROUP

Meets every Friday 6:30-8:00 pm.

This open meeting is an intersection of 12-Step Recovery and Zen Buddhist Practice. The evening begins with a brief meditation instruction, followed by a period of meditation, and a more traditional 12-Step meeting. Open to all forms of recovery. Contact: livinglotus@houstonzen.org



#### QUEER DHARMA, AN LGBTQ+ GROUP

Zoom Meeting January 23, 2024 6:30-8:30 pm. 4th Tuesday each month. Led by Yuhō Wade Maggert. The evening will begin with meditation, followed by discussion. Visit the Zoom Zendo page for the Zoom link, or email QueerDharma@houstonzen.org

#### DHARMA EN ESPAÑOL - GRUPO DE MEDITACIÓN Y BUDISMO ZEN

Sábado 13 & 27 de Enero 2024 9:30-11:00 am

Te invitamos a que nos acompañes para expandir la conversación, sumergirnos en la práctica de la meditación y conocer sobre la formación en el camino del Zen y como el Dharma está presente en nuestras vidas. Nos reunimos el segundo y el cuarto sábado de cada mes de 9:30 a 11:30 am. Para mayor información por favor contactarnos a: espanol@houstonzen.org. Te esperamos!

### Daily Practice

In addition to our Sunday morning gathering, Houston Zen Center offers regularly scheduled daily morning and evening meditation Monday through Thursday, and Saturday of each week. For further information please visit [www.houstonzen.org](http://www.houstonzen.org) or refer to the daily practice schedules posted at HZC.

### Entering the Path of Practice



#### Module 1: Buddha

February 11- April 6, 2024 In Person at HZC

Led by Rev. Seirin Tim Schorre,  
David Ryūshin Smith and Sally Meiya Muñoz



For meditators who want to enter Zen deeply, to investigate the mind of daily life, Houston Zen Center offers **Entering the Path of Practice (EPP)**, an advanced program of guided exploration, study and training based upon the Three Treasures: Buddha, Dharma and Sangha, and comprised of three two-month-long trimesters. For further information and to apply for EPP, please visit [houstonzen.org](http://houstonzen.org) or contact one of the program's leaders. Cost: \$150 per trimester



### Tokudo: Priest Ordination Ceremony

Saturday, January 27, 2024 11:00 am

Houston Zen Center/ Heights

You are cordially invited to attend the Ceremony of Ordination, or Tokudo, for Houston Zen Center members Shindō Neely Atkinson and Kenkai Brandon Lamson. In this ancient ceremony, the initiates will receive and recite the Sixteen Bodhisattva Precepts and will receive the robes and formal begging bowls of a Zen priest. For those who have already received the precepts, this is an opportunity to celebrate and refresh your own Bodhisattva vows. Please RSVP to Stephen.

### Classes



#### HOW TO MEDITATE

Wednesday, January 3, 2024 6:30-7:30 pm

For folks new to meditation, Houston Zen Center offers a monthly, one-hour Introduction to Zen sitting. In person, free of charge, and open to everyone.

Led by senior members of Houston Zen Center.



#### INTRODUCTION TO ZEN MEDITATION

Five Thursdays, January 4-February 1, 2024 7-8:30 pm

Taught by Gaelyn Godwin, a Zen Priest in the Soto Zen tradition, the Abbot of Houston Zen Center, and Royce Johnson, Zen priest at HZC, this class provides an introduction to Zen meditation for beginners. Each class includes meditation. Cost: \$100 for the series. Scholarships are available. Email [stephen@houstonzen.org](mailto:stephen@houstonzen.org) to request a scholarship.



#### ZEN POETRY

Six Mondays, January 8-February 12, 2024 6:30-8:30 pm

Taught by Musō Constance Braden

In this class we will study and discuss three great poems: Harmony of Difference and Equality, Song of the Jewel Mirror Samadhi, and Loving-Kindness Meditation, and we will explore how these poems can inspire our Zen practice and understanding. Cost: \$100; \$50 for HZC members

NEW TO ZEN MEDITATION? Please come to our INTRODUCTION TO ZEN SITTING, offered free of charge at 6:30 pm on January 3, February 7 and March 6, 2024. Each month, three FULL SCHOLARSHIPS and three PARTIAL SCHOLARSHIPS are available for classes and sittings. Please email [info@houstonzen.org](mailto:info@houstonzen.org) for information about or requests for scholarships.